



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved University) GURGAON, Delhi-NCR

FACULTY OF PHYSIOTHERAPY

SGTU/FPHY/2023/40

Date: - 30/01/2023

D/UC/345
31/01/23

R-268
31/01/23

Subject :- Permission for Seminar on 4th February 2023 by Faculty of Physiotherapy on the topic is “Strength and Conditioning : Foundation, Technical Overview & Career Opportunities for Physiotherapists”.

Association of Sports health & fitness under Faculty of Physiotherapy is organizing the Seminar on 4th February 2023 at 10:00 Clock onwards. The resource person for the day is Dr. Keshab Ranjan Dehury (PT,ESS), Strength and conditioning Expert, Rajasthan High Performance Sports Training and Rehabilitation Centre, ABTP, Jaipur. He will be addressing students on “Strength and Conditioning : Foundation, Technical overview & Career opportunities for Physiotherapists”.

Kindly provide us permission for the Remuneration and Lunch for the Resource Person..

The details for estimated expenditure are given below

Sr. No.	Activity	Amount
1.	Remuneration	4000/- + TA (Approx. 6000/-)
2.	Sapling	1@100=100/-
3.	Mementos	1@500=500/-
4.	Lunch	6@300= 1800/-
5.	E-Banner	Nil
Total		(Approx. 8,400/-)

The requisition form and design form are attached here with.

Submitted for approval please.

May be considered for approval please

[Signature]
Dean, FPHY 30/1/23
Faculty of Physiotherapy
SGT University
Budhera, Gurugram

[Signature]
Approved

[Signature]
Registrar
Dean FPHY

[Signature]
31/1/23
Registrar
SGT University
Budhera, Gurugram

[Signature]
31/1/23



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

**STRENGTH AND CONDITIONING FOUNDATION
TECHNICAL OVERVIEW CAREER
OPPORTUNITIES FOR PHYSIOTHERAPISTS**

ON

4.FEB.2023



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Name of the faculty- Faculty of Physiotherapy

**Name of the EVENT – Strength and Conditioning Foundation Technical overview
Career opportunities for Physiotherapists**

On

4.FEB .2023 at 10:00AM

At AUDITORIUM, 4th Floor C- Block

E Brochure-

SGT UNIVERSITY

ASSOCIATION OF SPORTS, HEALTH & FITNESS, FACULTY OF PHYSIOTHERAPY
IS ORGANISING A WORKSHOP ON

**“STRENGTH & CONDITIONING: FOUNDATION,
TECHNICAL OVERVIEW & CAREER OPPORTUNITIES
FOR PHYSIOTHERAPISTS”**

RESOURCE PERSON:
DR. KESHAB RANJAN DEHURY (PT,ESS)
STRENGTH & CONDITIONING EXPERT,
RAJASTHAN HIGH PERFORMANCE SPORTS
TRAINING & REHABILITATION CENTER,
ABTP, JAIPUR.

VENUE: C- BLOCK, AUDITORIUM.
DATE – 4TH FEBRUARY 2023
TIMING- 10 AM ONWARDS

Figure:1 E Banner



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Brief Profile of Expert: Dr Keshab Ranjan Dehury, Strength and conditioning expert, High performance training and rehabilitation Centre ABTP Jaipur

Organizers: Association of sports health and fitness, Faculty of Physiotherapy

Report of the EVENT:

Association of sports health and fitness, Faculty of Physiotherapy organized a workshop on "Strength and Conditioning Foundation Technical overview Career opportunities for Physiotherapists" on 4 February 2023. Resource person for the session was Dr Keshab Ranjan Dehury, Strength and conditioning expert, High performance training and rehabilitation centre ABTP Jaipur. The session started with welcome speech by Dr Pooja Anand, Dean, FPHY followed by words of wisdom by Retired Colonel Sukhpal Singh, Pro Vice Chancellor.

Dr Keshab explained in detail about strength, conditioning and its application in Physiotherapy followed by some fun-filled practical session on ground with MPT and BPT students. Dr Jaganjyoti Das, assistant Professor proposed the vote of thanks Pinku Kumari, event coordinator worked with passion to make the event a successful one with help of all the office bearers and members of ASHF. The students were highly satisfied with the content and the field-based learning approach.

a) Screenshots of Webinar/ Picture of Event:



Figure:2 Inauguration of event



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b) Feedback Forms - NA

List of participants— about 240 students participated.

Copy of E certificate for participants -NA

Name & Coordinator signature: Dr. Jaganjyoti Das

A photograph of a handwritten signature in blue ink on a light-colored background. The signature reads "Jaganjyoti Das.".

SGT UNIVERSITY BUDHERA, GURUGRAM HARYANA 122505

Event:- Strength & Conditioning Foundation, Technical Overview & Career opportunities for Physiotherapist

FACULTY OF PHYSIOTHERAPY

BPT 2nd Year Batch 2021

S. No.	Reg. No.	Student Name	Remarks
1	210305001	DILEEP KUMAR MEENA	Dileep
2	210305002	ANSHIKA GUPTA	Anshika
3	210305003	RAHUL	Rahul
4	210305005	DEEKSHA KUMARI	Deeksha
5	210305006	JASKARAN SINGH	Jaskaran
6	210305007	MOHIT TANWAR	Mohit
7	210305008	BANEET KUMAR	Baneet
8	210305010	KANHAIYA KUMAR SINGH	Kanhaiya
9	210305012	AASTHA JHA	Aastha
10	210305013	HEMA	Hema
11	210305014	RISHABH KUMAR SINGH	R ABSENT
12	210305015	RITU	Ritu
13	210305016	RAHUL	Rahul
14	210305017	KOMAL	Komal
15	210305019	KHUSHBOO	Khushboo
16	210305021	VISHAL	ABSENT
17	210305022	VEDANTI YADAV	Vedanti
18	210305023	GAURAV	Gaurav
19	210305025	HIMANSHU KHAIRWAL	Himanshu
20	210305026	SHIVANI	Shivani
21	210305027	RASHMI SHARMA	Rashmi
22	210305028	CHANCHAL	Chanchal
23	210305029	VIBHANSHU SHARMA	ABSENT
24	210305030	YUVRAJ SINGH ASHTA	Yuvraj
25	210305031	ESHEETA BANERJEE	ABSENT
26	210305033	MANVI GAUR	Manvi
27	210305037	JYOTI	Jyoti
28	210305038	DEV MAAN	Dev
29	210305039	STANE MATHEW	Stane
30	210305040	MANISH KUMAR	Manish
31	210305041	PARUL	Parul
32	210305043	SIDHARTH	Sid
33	210305044	SUMEDHA SRIVASTAVA	Sumedha
34	210305045	BHAVISHYA	Bhavishya
35	210305046	RIYA RUSTAGI	ABSENT
36	210305047	VINEET KUMAR	ABSENT
37	210305048	SIMRAN	Simran
38	210305049	GOURAV	ABSENT
39	210305050	KOMAL	Komal

40	210305051	ASTHA SACHDEVA	ASTHA
41	210305052	SURAIYA SABA	Suraiya
42	210305053	SANIA PARWEEN	Sania
43	210305054	SAURABH KUMAR	Saurabh
44	210305055	NAZIR MUGHEES	Nazir
45	210305056	BHAWNA	Bha
46	210305057	SMRIDHI VERMA	Smridhi
47	210305058	ABHISHEK	Abhishek
48	210305059	AROOJ ASHRAF WANI	Arooj
49	210305060	ALANKRITA SRIVASTAVA	Alankrita
50	210305061	ANANYA SHARMA	Ananya
51	210305062	SANJANAMADHU	Sanjana
52	210305063	NISHIKA YADAV	Nishika
53	210305064	NIKKI MEHTA	Nikki
54	210305066	KRITIKA DEVA	Kritika
55	210305067	AARTI	Aarti
56	210305068	NIKITA	Nikita
57	210305069	KHUSHI KHURANA	Khushi
58	210305070	MANVI	Manvi
59	210305071	TUKI KINO	Tuki
60	210305072	DEEPANSHI GOLA	Deepanshi
61	210305073	AMAN JAYAMON	Aman
62	210305074	VARSHA YADAV	Varsha
63	210305075	AARZOO	Aarzo
64	210305077	RAGHAVENDRA SNEHA	Raghavendra
65	210305078	ANNAPURNA	Annapurna
66	210305079	ANNU	Annu
67	210305081	AKANSHA	Akansha
68	210305082	ANJALI	Anjali
69	210305083	SHIVANI	Shivani
70	210305084	TOKO JEET	Toko
71	210305085	SHIVAM SHUKLA	Shivam
72	210305086	RAHUL SALVI	Rahul
73	210305087	MOHD SAHEED	Mohd
74	210305088	NAMILE MADHAVI	Namile
75	210305089	NITIN KHARB	Nitin
76	210305090	SAUMYA BHARTI	Saumya
77	210305091	PALAK	Palak
78	210305094	NAAZ FATIMA	Naaz
79	210305095	PUNEET SHARMA	Puneet

FACULTY OF PHYSIOTHERAPY

EVENT :- Strength & Conditioning Foundation, Technical Overview & Career opportunities for Physiotherapist

BPT 3rd Year (BATCH 2020)

S No	Reg No	Student Name	SIGNATURE
1	200310001	YOGITA VERMA	Yogita
2	200310002	PANKAJ GREWAL	Pankaj
3	200310003	AYESHA	Ayesha
4	200310004	SOURAV	Sourav
5	200310005	DHEERAJ	Dheeraj
6	200310006	ABHIDAS RAI VERMA	Abhidas
7	200310007	VINAY KUMAR JHA	Vinay Kumar Jha
8	200310008	AYUSHI TRIPATHI	Ayushi
9	200310009	SHRUTI CHOUDHARY	Shruti
10	200310010	VAIBHAV YADAV	Vaibhav
11	200310011	TINA SAINI	Tina Saini
12	200310012	TUSHAR KUMAR	Tushar
13	200310013	KARTIK MADAAN	Kartik
14	200310014	KRISHNA SONI	Krishna
15	200310015	ARUSHI JAIN	Arushi Jain
16	200310016	SAURABH GUPTA	Saurabh Gupta
17	200310017	NIJIN SAM PHILIP	Nijin
18	200310018	ASHUTOSH KUMAR	Ashutosh Kumar
19	200310019	RITU PANCHAL	Ritu
20	200310020	SHALU KUMARI	Shalu
21	200310021	POOJA	Pooja
22	200310022	VAISHALI BHARDWAJ	Vaishali
23	200310023	MANISH	Manish
24	200310024	ARCHNA NAHARWAL	Archana
25	200310025	PRIYANSHU	Priyanshu

26	200310026	VINIT	Vinit
27	200310027	PRIYANSHU	Priyanshu
28	200310028	SHWETA DEY	Shweta 9
29	200310029	ADITYA GAUR	Aditya
30	200310030	DEVESH LOCHAV	Devesh
31	200310031	AAKRITI PUNYANI	Aakriti
32	200310033	AYUSH CHAND	
33	200310034	ASHISH SINGH	
34	200310035	VIKRAM	Vikram
35	200310036	MADHU KUMARI	Madhu
36	200310037	AKSHITA YADAV	Akshita
37	200310038	SWATI GROVER	Swati
38	200310039	PRERNA SINGH	Prerna
39	200310040	SARITA	Sarita
40	200310041	TANIXHA SHARMA	Tanixha
41	200310042	KEERTI PACHORI	Keerti
42	200310043	SINGH KANCHAN RAVINDRA	
43	200310044	PRAGYA VATSA	
44	200310045	NIDHI KAUSHIK	
45	200310046	MONIKA VASHISTHA	Monika
46	200310047	DEEPAK SALIM	Deepak
47	200310048	HARISH KUMAR	Harish
48	200310049	BHARAT RATHI	Bharat Rathi
49	200310050	ANJALI	Anjali
50	200310051	ADARSH MISHRA	Adarsh
51	200310052	BALESH	Balesh
52	200310053	FOZAIL AHMAD	Fozail
53	200310054	SIMRAN	Simran
54	200310055	LATIKA THAKUR	Latika
55	200310056	KUNAL TALWAR	Kunal
56	200310057	AHANVI SAPPRA	Ahanvi

57	200310058	SNEHA	<i>Sneha</i>
58	200310059	B MANJUSHA	<i>Manjusha</i>
59	200310060	MEHAK	<i>Mehak.</i>
60	200310061	SHUBHAM TYAGI	<i>Shubham</i>
61	200310062	AKANKSHA DHAKRE	<i>Akanksha.</i>
62	200310063	SWEETA CHABUNGBAM	<i>Sweeta</i>
63	200310064	MAHESH KUMAR	<i>Mahesh</i>
64	200310065	SALONI RAGHAV	<i>Saloni</i>
65	200310066	ARCHANA KUMARI	<i>Archana.</i>
66	200310067	GARIMA SHARMA	<i>Garima</i>
67	200310068	MUSKAN RAGHAV	<i>Muskan</i>
68	200310069	CHETANSHI	<i>Chetanshi</i>
69	200310070	ANNU	<i>Annu</i>
70	200310071	PALLAVI KUMARI	<i>Pallavi</i>
71	200310072	TANYA ARYA	<i>Tanya</i>
72	200310073	RAJNISH KUMAR TIWARI	<i>Rajnish</i>
73	200310074	MINAL KHATRI	<i>Minal</i>
74	200310077	ISHWAR SINGH TANWAR	
75	200310078	RIYA BHATIA	
76	190310040	FREYA GANOFPADHYAY	
77	190310044	ANKIT	
78	190310088	ANUJ KUMAR JHA	

FACULTY OF PHYSIOTHERAPY

**Event: Strength & Conditioning Foundation, Technical Overview & Career opportunities for
Physiotherapist**

MPT 1st Year (BATCH 2022-23)

Sr No	REG NO	STUDENTS NAME	COURSE	Signature
1	220319001	EEPSITA MAHANTA	MPT SPORTS	<i>E Mahanta</i>
2	220319002	PRIYANKA VERMA	MPT SPORTS	<i>Priyanka Verma</i>
3	220319003	SHIVANI	MPT NEURO	<i>Shivani</i>
4	220319004	ANKITA JANGHU	MPT SPORTS	
5	220319005	AKSHAY MAAN	MPT SPORTS	<i>Akshay</i>
6	220319007	YOGESH KUMAR	MPT NEURO	<i>Yogesh</i>
7	220319008	KAJAL SHARMA	MPT ORTHO	<i>Kajal</i>
8	220319009	UTSAV TABIYAR	MPT SPORTS	<i>Utsav</i>
9	220319010	SHREYA YADAV	MPT ORTHO	<i>Shreya</i>
10	220319011	ANURADHA DAGAR	MPT NEURO	<i>Anuradha</i>
11	220319012	PRAGATI GAJBHIYE	MPT ORTHO	<i>Pragati</i>
12	220319013	ANISH	MPT ORTHO	<i>Anish</i>
13	220319014	BRAJESH KUMAR	MPT ORTHO	<i>Brajesh</i>
14	220319016	KUMARI JUHI	MPT ORTHO	<i>K. Juhi</i>
15	220319017	SHILPA PRASAD	MPT ORTHO	<i>Shilpa</i>
16	220319019	ANJALI KHEMLANI	MPT NEURO	<i>Anjali</i>
17	220319020	SUDHIR KUMAR	MPT NEURO	<i>Sudhir</i>
18	220319021	HEMANT SEHRAWAT	MPT SPORTS	<i>Hemant</i>
19	220319022	ANUJ SEHRAWAT	MPT SPORTS	<i>Anuj</i>
20	220319025	PINKU KUMARI	MPT SPORTS	<i>Pinku</i>
21	220319026	BAISHALI SINGHA	MPT SPORTS	<i>Baishali</i>
22	220319027	NIKITA GAUTAM	MPT SPORTS	<i>Nikita</i>
23	220319028	PRIYANSHI AGGARWAL	MPT ORTHO	<i>Priyanshi</i>
24	220319029	SUKANYAA SAIKIA	MPT ORTHO	<i>Sukanya</i>
25	220319030	PALASH PRATIM BORUAH	MPT ORTHO	
26	220319031	KM SHWETA YADAV	MPT NEURO	<i>Shweta</i>
27	220319032	RINKY JOSHI	MPT ORTHO	<i>Rinky</i>
28	220319033	ANAMIKA CHAUHAN	MPT ORTHO	<i>Anamika</i>

29	220319034	KUMARI MUSKAN	MPT ORTHO	Muskan K
30	220319036	MONIKA KATARIA	MPT OBG	monika k
31	220319037	SIMRAN	MPT NEURO	Simran
32	220319038	EPSHITA KAKATI	MPT ORTHO	Epshtita
33	220319040	NEHA YADAV	MPT NEURO	Neha
34	220319041	SILPISHREE DASH	MPT NEURO	shilpi dash
35	220319044	UPADHYAY HETASHRI SANJAYKUMAR	MPT SPORTS	hetashree
36	220319045	RUQQAIYA RASHID	MPT NEURO	Ruqqaiya
37	220319046	JIGYASHA RUBI TALUKDAR	MPT NEURO	Jigyasha
38	220319047	MUSKAN GUPTA	MPT ORTHO	Muskan
39	220319048	KOMAL DHULL	MPT ORTHO	Komal
40	220319049	ADITYA RAJ	MPT ORTHO	Aditya
41	220319050	NISHA	MPT SPORTS	Nisha S
42	220319051	KAMALPREET KAUR	MPT SPORTS	Kamalpreet
43	220319053	VENKAT SINGH	MPT ORTHO	venkat
44	220319054	DEEPANSHU SURI	MPT SPORTS	Deepanshu

SGT UNIVERSITY BUDHERA GURUGRAM HARYANA

FACULTY OF PHYSIOTHERAPY

**Event :- Strength & Conditioning Foundation, Technical Overview
& Career opportunities for Physiotherapist**

- BPT 1st BATCH 2022-23

S No	Registration No	Name	Signature
1	220305003	DEEPIKA	Deepika
2	220305004	MUSKAN	Muskan
3	220305005	SNEHA	Sneha
4	220305006	UTKARSH CHOPRA	Ab
5	220305007	NAYAN AHLAWAT	Nayan
6	220305008	HARSH	Harsh
7	220305009	ASHUTOSH YADAV	Ab
8	220305010	RITIK	Ritik
9	220305011	MANNAT MALIK	Mannat Malik
10	220305012	SOURAV GULIA	Sourav
11	220305013	MUSKAN KUMARI	Muskan
12	220305014	SNEHA SINGH	Ab
13	220305015	SIMRAN KUMARI	Simran
14	220305016	PARASMANI SONI	Ab
15	220305017	LASHIKA	Lashika
16	220305019	KM NEHA	Neha
17	220305020	PARAS KHATTER	Paras
18	220305021	VAIBHAVI	Ab
19	220305022	SHIVAM RAJ	Shivam Raj
20	220305023	MUSKAN	Muskan
21	220305024	MOHIT DHOUNDIYAL	Ab
22	220305025	PRATYUSH KUMAR	Pratyush
23	220305026	DHRUV BHARDWAJ	Ab
24	220305027	SHREYA GUPTA	Ab
25	220305028	SAKSHI	Sakshi
26	220305029	JYOTI	Ab
27	220305031	SRISHTI NAHAR	Srishti
28	220305032	MAHEE	Mahee
29	220305033	KHUSHI SHARMA	Khushi
30	220305034	ANSH YADAV	Ab
31	220305035	AAKARSH	Ab
32	220305036	TARIF HUSSAIN	Ab
33	220305037	HARSHIA ARORA	Harshia
34	220305038	GARIMA LAKRA	Garima
35	220305039	ROHAN SHARMA	Rohan
36	220305040	MUSKAN SINSINWAR	Muskan
37	220305041	ANANT TYAGI	Anant
38	220305042	BHUMIKA MALIK	Bhumi
39	220305043	SHIVAM	Shivam
40	220305044	SANJEEV YADAV	Ab
41	220305045	PRIYANKA KUMARI	Priyanka

42	220305046	ANKIT BISHT	Ab
43	220305048	VIPUL KUMAR	Vipul Kumar
44	220305049	SHIMON MICHAEL MASSEY	Shimon
45	220305051	ANNUKRITI GAUTAM	Annu kriti
46	220305052	PREETI	Ab
47	220305053	SHILPI RAGHUVANSHI	Shilpi Raghuvanshi
48	220305054	YOGESH PANCHAL	Ab
49	220305055	APOORVA VERMA	Ab
50	220305056	KHUSHI RAJ	Khushi Raj
51	220305057	RICHA BHARTI	Richa Bharti
52	220305058	TUSHAR KUMAR	Tushar
53	220305059	SHEETAL KIROULA	Ab
54	220305060	PRIYANSHI	Priyanshi
55	220305061	PRIYA KUMARI	Priya
56	220305062	KHUPROSAM VAIPHEI	Ab
57	220305063	TUSHAR GULIA	Ab
58	220305064	SUDHIR YADAV	Sudhir
59	220305065	JAHANVI KESHRI KESHRI	Ab
60	220305066	P.S. ABHILIPSA	Ab
61	220305067	SIDHARTH MALLICK	Sidharth Mallik
62	220305068	BHAVIKA YADAV	Bhavika
63	220305069	DIVYA	Divya
64	220305071	ABUL AALA SHEIKH	Abul Aala
65	220305072	ADITI SINGH	Aditi
66	220305073	PRINCE KUMAR	Prince
67	220305074	RIYA SONI	Riya
68	220305076	PRATIMA SHUKLA	Ab
69	220305077	KALPNA	Kalpna
70	220305078	KAVIK	Kavik
71	220305079	EKANSH	Ekansh
72	220305080	ANTRIKSH	Ab
73	220305081	SHUBHRANSH	Ab
74	220305082	HARDIK KAURA	Hardik Kaura
75	220305083	DIVYA PANDEY	Ab
76	220305084	PRIYA DAGAR	Priya
77	220305085	TANISHKA YADAV	Tanishka
78	220305086	KHUSHI VATS	Khushi
79	220305087	MEDHA	Medha
80	220305089	ISHA GUPTA	Isha
81	220305090	KHUSHI	Khushi
82	220305093	MOIN KHAN	Moin
83	220305094	MOHD AASIF	Ab
84	220305095	GUNJAN KAPOOR	Gunjan
85	220305097	TAMANNA	Tamanna
86	220305098	ROIN KHAN	Ab
87	220305099	GARIMA YADAV	Garima
88	220305100	SNEHA	Sneha
89	220305102	SAHIL	Sahil

90	220305103	DEVDEEP YADAV	
91	220305104	RAVISHANKAR JEE	Ravishankar
92	220305105	TRIPTI	AB
93	220305106	HARSHITA	AB
94	220305107	NAMITA BHARDWAJ	Namita Bhardwaj
95	220305108	HIMANSHU	Himanshu
96	220305109	VANSHIKA	AB
97	220305110	RIYA KUMARI	Riya Kumari
98	220305111	VANSHIKA BANSAL	Vanshika
99	220305112	JYOTI YADAV	Jyoti
100	220305113	DISHA GUPTA	Disha
101	220305114	VISWAJEET SINGH	AB
102	220305115	ANSH GOYAL	Ansh
103	220305116	HIMANSHI	Himanshi
104	220305117	PRIYA	Priya
105	220305118	HINAKSHI CHOUDHARY	AB
106	220305120	ADITI KUMARI	AB
107	220305122	SUBBURU SANDHYA	Sandhya
108	220305123	PERUMANDLA DEEVAN	P. Deevan
109	220305124	MACHARLA AJAY	Ajay
110	220302125	FLORA YADAV	Flora